

Planning Before a Crisis

We are good at planning most aspects of our lives. We plan where to live, weddings, careers, and a multitude of other life decisions. We take out insurance to ensure that if anything happens, we will be cared for, or properly protected. So, why do we fail to plan for one of the most important aspects of our life, our aging and the possibility of our health taking a sudden decline, disability, or certainty of death? Why do we fail to consider how not planning adversely impacts our children, spouses, and families?

Come learn a few simple things you can do to give you and your loved ones peace of mind. The first workshop is a general overview of these important topics. The following two workshops will go into more detail on each topic.

June 29th 1-2:30 Planning Before a Crisis - are you prepared?

- How to have difficult conversations with your family or loved one.
- Importance of Advanced Directives (legal paperwork that gives direction and authority to others to make decisions for you if you are not able to)
- Resources & options in case you or your loved one needs more help
- Differences between in-home care, nursing homes, assisted livings, and independent livings
- Financial preparation - beneficiaries, banking, trust, funeral planning, bucket list...

July 13 1-2:30 How do I prepare?

- Tools to help guide difficult conversations.
- Advanced Directives - Understanding the differences between Living Will, Power of Attorney of Health Care and Finance, and Trusts. What happens if you don't have them?
- Options when more help is needed. Where do we go to get more help?
- Can I stay in my home? (Home Health, Hospice, private caregivers) Where can I go when home isn't a safe option (type of care provided at Assisted Living or Nursing Home)

August 3 1-2:30 Financial preparation – a few simple things can save hours of stress

- Financial preparations – Banking, Trust, Beneficiaries.
- Are you a veteran? Tools and resources to help understand your end of life benefits.
- Key paperwork - what should you have prepared or reviewed?
- Pre-Planning for Funeral.
- What is most important to you? What is on your bucket list?

Join us at Peace Lutheran Church

10868 Old 51 North, Arbor Vitae

RSVP to reserve your spot - ADRC of Vilas County, 715-479-3625

Event is sponsored by Peace Lutheran, Compassus, and the ADRC of Vilas County.

Coffee and light snack will be provided.